TEXAS ORTHOPAEDIC ASSOCIATION
Established 1936

TOA's 2024 Leadership Conference

Building the Future of Orthopaedics in Texas

Omni PGA Frisco Resort | Frisco, Texas

Schedule Overview

Thursday, April 4

6:00 p.m. – 7:00 p.m. *10th Fairway Terrace*	Welcome Reception *Presented by TMLT*

Friday, April 5

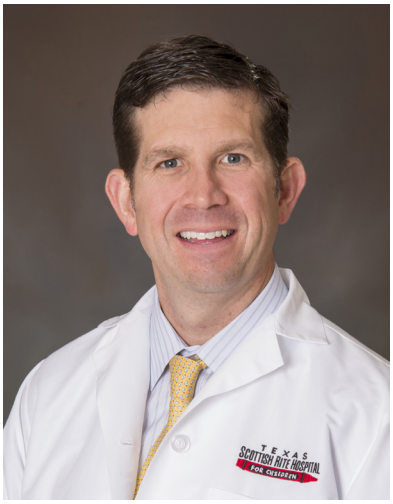
7:30 a.m. – 8:00 a.m.	Breakfast
8:00 a.m. – 5:00 p.m.	General Session
5:15 p.m. – 7:15 p.m.	Battle of the Bones *Presented by Stryker*
	Reception *Presented by TMLT*

Saturday, April 6

7:00 a.m. – 7:30 a.m.	Breakfast
7:15 a.m. – 10:15 a.m.	General Session
7:55 a.m. – 11:30 a.m.	Resident Breakout
8:00 a.m. – 11:00 a.m.	Medical School Breakout

President's Message

Greetings:



Henry Ellis, MD

We are going to be different, we are going to be impactful, we are going to grow and we are going to unify. I have been honored to be the president of TOA for the past year, but a year is not nearly enough time to be effectual. Thus, I am looking forward to working with TOA's future presidents - Christian Balldin and Vinod Panchbhavi - in the coming year to achieve our goals of representing the orthopaedic surgeon in Texas from *every practice type*.

Advocacy is the primary mission for you. AAOS's primary effort on advocacy will be to address the annual concern regarding Medicare's declining reimbursements. While we will join AAOS in these efforts, TOA will spend the next 12 months working on issues specific to Texas orthopaedic surgeons at the state and federal level, including physician-owned hospitals, cleaning up the prior authorization gold card, continued scope of practice issues and consolidation. In addition, TOA, as the voice for musculoskeletal medicine, will create Texas-based campaigns related to youth sports injury prevention, violence against physicians and prior authorization reforms.

I dedicated the past 12 months to working on educating our young orthopaedic surgeons on the value of TOA to promote and protect their future professions and careers. With the leadership of AJ Johnson, I am proud to report that our efforts to expose medical school students to residency programs have paid off. Thanks to a grant by AAOS, several dozen of the 60-plus medical school students at this conference have been provided travel scholarships. I hope that you have a chance to meet some of our future orthopaedic surgeon colleagues over the next few days.

Christina Brady and James Saucedo have been instrumental in developing a more focused program for Texas orthopaedic residents. This year, we are pleased to host several dozen residents to build the future of orthopaedics in Texas. Friday night's resident skills competition - Battle of the Bones - will add excitement and energy to the TOA meeting for years to come. We welcome the residents to Friday's general session to learn about the business side of orthopaedics, and we are also pleased to have a resident-specific breakout on Saturday morning to help guide their future careers.

Texas orthopedic surgeons are fortunate to have leaders such as Christian Balldin and Vinod Panchbhavi working on our behalf for the upcoming years. As a profession, we need to meet and discuss less. Instead, we must act more by *engaging with our lawmakers*. This is the only way that our public policy efforts will be effective.

Thank you for the honor to represent you this year!

Sincerely,

Henry B. Ellis, Jr, MD

TOA President, 2024-25

TOPAC
TEXAS ORTHOPAEDIC POLITICAL ACTION COMMITTEE

$291.24

Greetings:

$291.24. That's how much money the Texas Orthopaedic Association Political Action Committee (TOPAC) has in the bank. The good news is that TOPAC donated all of its money to candidates for the Texas Legislature who support sound musculoskeletal care before the crucial March 5, 2024, Texas primary.

However, it also means that TOPAC will not be able to tell our story and support candidates between now and the November election without your donations to TOPAC. Your donations today to TOPAC will assure that our orthopaedic-friendly candidates in Austin have the support to win the general election.

Texas Laws and Regulations Affect Every Aspect of Your Practice
While Washington often steals the headlines, the reality is that laws and regulations made in Austin affect every single aspect of our practices, hospitals and ASCs. The members of the Texas Legislature define the future of medicine in Texas.

Whether we like it or not, we must engage in the public policy process. Otherwise, other aspects of health care will define musculoskeletal issues on their own terms, and we will never like the outcome. TOPAC plays a critical role in the public policy process and literally gives Texas orthopaedic surgeons a seat at the table to discuss issues with candidates.

Thanks to all of the TOA members who have donated to TOPAC this election cycle. They can be found on the posters around the conference.

Consider Donating to the Candidates As Well
In addition, consider donating directly to the candidates in attendance today. It will mean a lot to them to see direct support from Texas orthopaedic surgeons.

And we made it easy for you: Just find the posters with the candidates' QR codes.

Thank you for your support and investing in the future of our profession.

Sincerely,

Luis H. Urrea II, MD
TOPAC Chair

Paid for by the Texas Orthopaedic Association Political Action Committee

Luis H. Urrea II, MD | Chair

Networking Events

Breakfast: Friday & Saturday

Presented by TRIARQ Health & MET Healthcare Solutions

Breakfast is available each day in Wanamaker D.

Friday's Lunch

Presented by TMLT

The buffet will be served in Wanamaker D (exhibit hall). Attendees can eat lunch in Wanamaker D, or bring it into Wanamaker A/B/C to listen to the lunch panel discussion.

All attendees are encouraged to attend the panel discussion to learn more about how the Texas Legislature's actions affect every aspect of a Texas orthopaedic practice.

CME

Claim your CME by visiting TOA's conference "attendee" web page on the website. *See pages 9-10*.

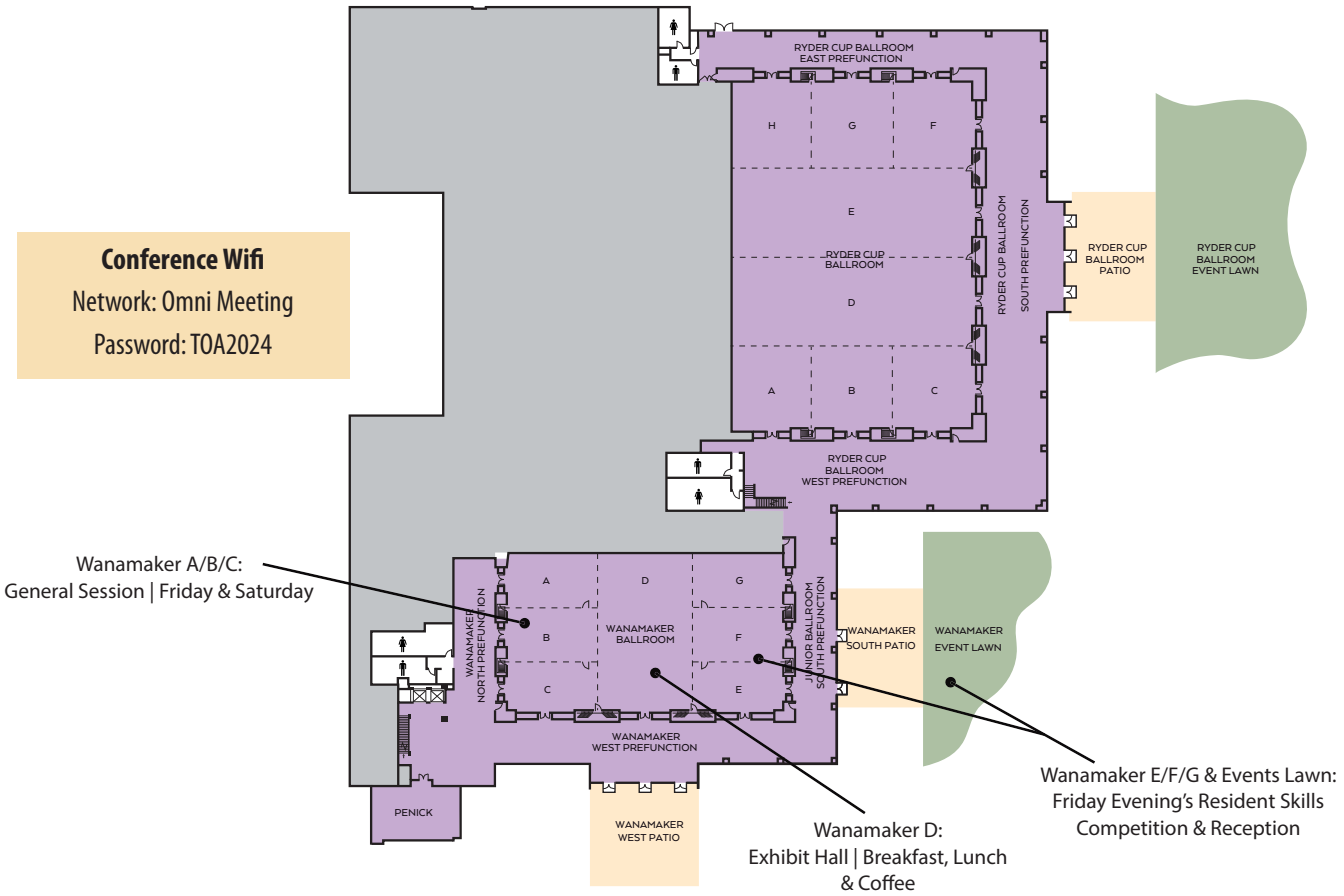
Recycle Your Lanyard/Name Badge

Return your lanyard and name badge to TOA's registration desk at the end of the meeting.

Photography Notice

By attending TOA's 2024 Leadership Conference, attendees consent to be photographed, filmed, and/or otherwise recorded by TOA and its authorized representatives. Attendees agree that any or all of the material photographed and/or recorded may be used, in any form, as part of any future websites, publications, brochures, or other printed and/or digital materials used to promote TOA, and further that such use shall be without payment of fees, royalties, special credit, or other compensation.

BALLROOM LEVEL



Texas Orthopaedic Association's 2024 Leadership Conference Schedule

Friday, April 5 | General Session | Wanamaker A/B/C

Time	Event	Speaker
7:30 a.m. - 8:00 a.m.	Breakfast *Presented by TRIARQ Health & MET Healthcare Solutions*	Wanamaker D
8:00 a.m. - 8:45 a.m.	What's Top of Mind for Nonprofit Health Systems, the "Optums" of the World & New Retail Health Entrants?	Blake Madden (Hospitalogy)
8:45 a.m. – 9:15 a.m.	VBC, MIPS & PT: Are They Still Viable?	Adam B. Bruggeman, MD (Moderator) | Joseph Mathews (Advanced Orthopaedics & Sports Medicine) & Marko Mitkowski (TRIARQ)
9:15 a.m. – 9:45 a.m.	Exhibitor Break	Wanamaker D
9:45 a.m. – 10:30 a.m.	Helping Texans Live Well: How H-E-B Is Transforming Health and Health Care	Brooke Brownlow (H-E-B)
10:30 a.m. – 11:15 a.m.	Austin & Washington Will Affect Your Practice	Adam B. Bruggeman, MD, Wayne A. Johnson, MD, & Bobby Hillert (TOA)
11:15 a.m. – 11:30 a.m.	Buffet Lunch Served	Wanamaker D – *(Attendees Are Encouraged to Bring Their Lunch to the Presentation)*
11:30 a.m. – 12:30 p.m.	Lunch With Lawmakers: A Fun Look at Policy & Politics	Rep. Liz Campos & Rep. Nicole Collier | Moderators: Laura E. Bashour, MD & John T. Gill, MD
12:30 p.m. – 1:00 p.m.	Panel: Surgeon Side Hustles	Henry B. Ellis, MD (Moderator) | L. Edward Seade, MD, Craig C. Callewart, MD, & Ajeya P. Joshi, MD
1:00 p.m. – 2:00 p.m.	Panel: Practice Efficiencies	Hilton P. Gottschalk, MD (Moderator) | John E. McDonald, MD, Christian T. Royer, MD, B. Christian Balldin, MD, & Anthony Brooks (OrthoLoneStar)
2:00 p.m. – 2:45 p.m.	Karen Zupko – Part 1	Karen Zupko
2:45 p.m. – 3:15 p.m.	Exhibitor Break	Wanamaker D
3:15 p.m. – 4:00 p.m.	Karen Zupko – Part 2	Karen Zupko
4:00 p.m. – 5:00 p.m.	Karen Zupko – Part 3	Karen Zupko
5:00 p.m. – 5:15 p.m.	TOA Business Meeting	Henry B. Ellis, MD & B. Christian Balldin, MD
5:15 p.m. – 7:15 p.m.	Reception & Battle of the Bone Resident Skills Competition *Presented by Stryker & TMLT*	Wanamaker E/F/G & South Patio & Event Lawn Christina I. Brady, MD, Chair, Battle of the Bones

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2024 TOA'S BATTLE OF THE BONES
RESIDENT SKILLS COMPETITION
April 5, 2024

The Battle of the Bones is a highlight of TOA's 2024 Leadership Conference and offers residents a platform to showcase surgical expertise. The competition features team challenges incorporating cutting-edge technologies. Attendees are encouraged to engage in audience interactions and witness demonstrations of patient communication and complication management. This multifaceted event promises an enriching experience for all participants and attendees.

Texas Orthopaedic Association's 2024 Leadership Conference Schedule

Saturday, April 6 | General Session | Wanamaker A/B/C

Time	Event	Speaker
7:00 a.m. - 7:30 a.m.	Breakfast *Presented by TRIARQ Health & MET Healthcare Solutions*	Wanamaker D
7:15 a.m. – 7:45 a.m.	Resident 5-Minute Presentations *See page 8 for schedule*	
7:45 a.m. – 8:00 a.m.	Arthroplasty	Garen A. Collett, MD
8:00 a.m. – 8:15 a.m.	Sports Medicine	J. Lee Pace, MD
8:15 a.m. – 8:30 a.m.	Pediatric Orthopaedics	Corey S. Gill, MD
8:30 a.m. – 9:00 a.m.	Exhibitor Break	Exhibit Hall
9:00 a.m. – 9:15 a.m.	Foot/Ankle	Jacob R. Zide, MD
9:15 a.m. – 9:30 a.m.	Hand/Upper Extremity	Brian W. Sager, MD
9:30 a.m. – 9:45 a.m.	Trauma	Kevin W. Luttrell, MD
9:45 a.m. – 10:15 a.m.	Clinical Discussion	

7:55 a.m. – 11:30 a.m.	Resident Breakout Session	Wanamaker E
8:00 a.m. – 11:00 a.m.	The Transition: Medical School to Residency	Wanamaker G

THANK A TOA MEMBER

TOA is recognized as one of the nation's most successful orthopaedic organizations, and TOA proved that once again in the 2023 Texas Legislature. TOA's success on behalf of its patients and orthopaedic surgeons is only possible due to the support of TOA members.

Thank a TOA member for making this possible.

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Texas Orthopaedic Association's 2024 Resident Breakout Session Schedule

Saturday, April 6 | Resident Breakout | Wanamaker E

Time	Event	Speaker
7:00 a.m. - 7:30 a.m.	Breakfast *Presented by TRIARQ Health & MET Healthcare Solutions*	Exhibit Hall
7:15 a.m. – 7:45 a.m.	Resident 5-Minute Presentations *See page 8 for schedule*	General Session Room
7:55 a.m. – 8:00 a.m.	Introduction	James M. Saucedo, MD
8:00 a.m. – 8:10 a.m.	How to Get Into a Fellowship (& Get the Most Out of It)	Ashton S. Mansour, MD
8:10 a.m. – 8:20 a.m.	Finding Your First Job (What Should You Look for?)	Jason R. Somogyi, MD
8:20 a.m. – 8:40 a.m.	Job Contracts & Partnership Tracks: Traps & Pitfalls	James Peacock & Alicia Voltmer
8:40 a.m. – 8:55 a.m.	Getting Started & Building Your Practice	Candice B. Teunis, MD
8:55 a.m. – 9:05 a.m.	Getting Started: Academic Edition	Ryan Rose, MD
9:05 a.m. – 9:20 a.m.	Improving Access to Care	Matthew E. Koepplinger, DO
9:20 a.m. – 9:30 a.m.	Break	
9:30 a.m. – 9:50 a.m.	Coding, Documentation & Revenue Cycle	Karen Zupko
9:50 a.m. – 10:05 a.m.	Understanding the Financial Impact of Our Treatment Decisions	Jessica I. Billig, MD
10:05 a.m. – 10:20 a.m.	Office Efficiency: Building Healthy Habits & Working in Teams	Hilton P. Gottschalk, MD
10:20 a.m. – 10:35 a.m.	Workers' Comp Demystified	Victoria D. Knoll, MD
10:35 a.m. – 10:45 a.m.	Personal Finance: No, It's Not Too Early	AJ Johnson, MD
10:45 a.m. – 11:00 a.m.	Transitions: Is the Grass Really Greener?	John J. Faillace, MD
11:00 a.m. – 11:30 a.m.	Q&A & Wrap-up	James M. Saucedo, MD

Texas Orthopaedic Association's 2024 Medical School Breakout

Saturday, April 6 | Medical School Breakout | Wanamaker G – 8:00 a.m. – 11:00 a.m.

Event
The Holistic Application Review: Don't Leave Money on the Table
Signaling in the USMLE Step 1 Pass/Fail Era
Interview Dos and Don'ts: Virtual vs. In-Person
How to Honor Your Clinical Rotations
Letters of Recommendation: Myths That Medical School Students Believe vs. the Reality of What Program Directors Want
The Fine Line Between Self-Advocacy vs. the Nuisance
Program Director Round Table: Moderated by a Medical School Student
The Resident Perspective on a Med Student: Sub-I's, Research, Communication & More

Student & Resident Faculty
Christian Allen – UIW
Chizitam Ibezim, MD

Program Director Faculty
Anthony "AJ" Johnson, MD – Program Chair
Rajiv Rajani, MD
Drew Sanders, MD
Melvyn Harrington, MD
Christopher Perkins, MD
Ryan Rose, MD
J. Speight Grimes, MD
Dustin Lybeck, DO
John Hagedorn II, MD
Mark Rahm, MD

Scientific Presentations: Five Minute Abstract Presentations

Wanamaker A/B/C l Saturday, April 6 | 7:15 a.m. - 7:45 a.m.

Presenter	Subject
Hunter B. Jones, MD	Prevalence of Asymptomatic Acetabular Labrum Abnormalities in the Adolescent Population
Alexander T. Goodsett, MD	Incidence of Venous Thromboembolism in Non-Traumatic and Traumatic Cohorts Undergoing Shoulder Arthroplasty: A Propensity-Matched Database Comparison Study
Abdullah Ghali, MD	Surgical vs. Nonsurgical Management of Pediatric Ganglia: A Cost and Outcomes Analysis
Umar Ghilzai, MD	The Effect of Anesthesia Modality on Outcomes of Distal Radius Fractures: A Controlled Regression-Based Analysis of 22,207 Patients from the NSQIP Database
Dang-Huy Do, MD	Radiographic Templating for Tarsometatarsal Operative Fixation
Jacob C. Sorenson, MD	The Power of Preference Signaling: A Monumental Shift in the Orthopaedic Surgery Application Process

Continuing Medical Education

Financial Disclosures & CME Information

Description: This meeting is designed to identify areas of recent research in neurosurgery relevant to surgeons and advanced practice providers. This information will be transmitted through scientific paper presentations, question and answer sessions, presentations on surgical techniques and current concepts and symposiums.

Statement of Need: A need for this educational activity has been determined based on focus groups consisting of orthopaedic surgeons.

Target Audience: Orthopaedic surgeons and other clinicians with interest in musculoskeletal care.

Educational Method: Lecture presentations, case studies, and symposiums.

Accreditation Statement: The Texas Orthopaedic Association is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The Texas Orthopaedic Association designates this live activity for a maximum of *9.25 AMA PRA Category 1 Credit(s)*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The presentation, Austin & Washington Will Affect Your Practice, has been designated by the Texas Orthopaedic Association for 0.75 credit(s) of education in medical ethics and/or professional responsibility.

The presentation, Lunch With Lawmakers: A Fun Look at Policy & Politics, has been designated by the Texas Orthopaedic Association for 1.0 credit(s) of education in medical ethics and/or professional responsibility.

Possible CME Per Attendee	
General Session	
Friday:	6.75
Saturday:	2.5
Total General Session:	9.25

Global Learning Objectives: Upon completion of this meeting, learners should be able to:

- Examine and apply basic scientific information and technical skills in orthopaedic surgery.
- Update knowledge regarding state-of-the-art advances in orthopaedic surgical treatment
- Evaluate the current evidence base for diagnosis and clinical management of orthopaedic injuries, conditions and disorders.
- Review their current practice management expertise and develop a plan to increase their expertise.
- Develop new clinical and technical skills to improve the everyday practice of orthopaedic surgery.

Mitigation Statement: All relevant financial relationships were mitigated by the program committee prior to the activity.

The intent of this disclosure is to allow the Texas Orthopaedic Association (TOA) the opportunity to mitigate any relevant financial relationships to assure balance, independence, objectivity and scientific rigor in all of its CME activities. All faculty and planners of TOA-sponsored activities are expected to disclose to TOA all financial relationships with any ineligible company. An indication of the participant's disclosure appears after his or her name as does the commercial company or institution that provided the support. TOA does not view the existence of these disclosed interests or commitments as necessarily implying bias or decreasing the value of the author's participation at the meeting.

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Continuing Medical Education

Ineligible company: any entity whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Examples of financial relationships:

- Employee
- Researcher
- Consultant
- Advisor
- Speaker
- Independent Contractor (Including Contracted Research)
- Royalties or Patent Beneficiary
- Executive Role
- Ownership Interest

Individual stocks and stock options should be disclosed; diversified mutual funds do not need to be disclosed. Research funding from ineligible companies should be disclosed by the principal or named investigator even if that individual's institution receives the research grant and manages the funds.

View the Financial Disclosures: Visit TOA's website to view all financial disclosures.

Disclaimer: The material presented at the Annual Meeting has been made available by TOA for educational purposes only. This material is not intended to represent the only, nor necessarily best, method or procedure appropriate for the medical situations discussed, but rather is intended to present an approach, view, statement, or opinion of the faculty which may be helpful to others who face similar situations.

TOA disclaims any and all liability for injury or other damages resulting to any individual attending a session and for any and all claims which may arise out of the use of the techniques demonstrated therein by such individuals, whether these claims shall be asserted by a physician, an entity or any other person.

FDA Statement: Some drugs or medical devices demonstrated at the Annual Meeting have been cleared by the FDA for specific purposes only or have not been cleared by the FDA.

The FDA has stated that it is the responsibility of the physician to determine the FDA clearance status of each drug or medical device he or she wishes to use in clinical practice. Texas Orthopaedic Association (TOA) policy provides that "off label" uses of a drug or medical device may be described in TOA's CME activities so long as the "off label" use of the drug or medical device is also specifically disclosed (it must be disclosed that the FDA has not cleared the drug or device for the described purpose). Any drug or medical device is being used "off label" if the described use is not set forth on the product's current label.

Program Committee: The program committee for the Texas Orthopaedic Association was in charge of planning and approving the event.

Texas Orthopaedic Association Program Committee

- Henry Ellis, MD – TOA President, 2023-24
- B. Christian Balldin, MD – TOA President-Elect, 2023-24
- Vinod K. Panchbhavi, MD – TOA Second President-Elect, 2023-24

Claim Your CME:

https://toa.org/2024-cme-toa/

See Financial Disclosures:

https://toa.org/2024-financial-disclosures-toa/

Thank You to TOPAC's 2024 Contributors

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